

2026 Funds for Whatcom County Health & Wellness Grants

Whatcom Community Foundation

Application Questions

2026 Funds for Whatcom County - Health & Wellness Grants

Who can apply: Whatcom County federal nonprofits only with at least 1 FTE (no government agencies, religious institutions, fiscal sponsorships, public or private schools).

We are offering grants up to \$10,000 to address issues of nonprofit staff fatigue, turnover and burnout. We are committed to supporting a healthy, inclusive nonprofit workforce. This includes intentional efforts to strengthen equity across race, gender identity, ability, and age, and to provide supports that uplift younger and emerging nonprofit professionals. This funding is not intended for Board development or capital.

Some examples include:

- Wellness programs that encourage physical activity, social activities, healthy eating, stress management and mental health supports
- Professional development - coaching, training, skill building
- Team building - staff retreats, appreciation activities, workshops, inclusive communications and belonging
- Compensation – bonuses, increasing pay and/or benefits
- Targeted support programs designed for younger employees, early-career professionals, or other priority populations identified by your organization
- Assessments - review workload across all staff roles and identify measures to balance responsibilities, improve efficiency, and reduce burnout

Grant funding amounts could increase depending on the number of applicants and/or increase in funding pool. If your proposal includes multiple organizations, please let us know as you may be eligible for more funding.

Grant round closes May 11, 2026 at 4pm.

Grant awards announced end of June 2026.

Click [HERE](#) for tips on using this online grant application system. Please submit your grant application as soon as possible.

Project Name*

Please enter your organization name here.

Character Limit: 250

Whatcom County Region Served***Choices**

WAW-Whatcom County (general)

WAWB-Bellingham

WAWB-Alabama Hill

WAWB-Alderwood

WAWB-Birchwood

WAWB-Columbia

WAWB-Edgemoor

WAWB-Fairhaven

WAWB-Guide Meridian

WAWB-Happy Valley

WAW-Birch Bay

WAW-Blaine

WAWB-Letterd Street

WAWB-Meridian

WAWB-Mt. Baker

WAWB-Puget

WAWB-Roosevelt

WAWB-Samish

WAWB-Sehome

WAWB-Silver Beach

WAWB-South

WAWB-South Hill

WAWB-Sunnyland

WAWB-Whatcom Falls

WAWB-WWU

WAWB-York

WAW-Custer

WAW-East County

WAW-Everson/Nooksack/Sumas

WAW-Ferndale

WAW-Lummi Island

WAW-Lummi Tribe

WAW-Lynden

WAW-Nooksack Tribe

WAW-Point Roberts

WAW-South Fork

Whatcom County Region Served

Organization Field of Interest*

Please choose the field of interest that best fits your organization's programs.

Choices

A&C-Arts & Culture
BC-Building Community
BC-Civic Engagement & Advocacy
BC-Community & Neighborhood Improvement
BC-Diversity, Equity & Inclusion
BC-Economic Development
BC-Impact Investing
BC-Nonprofit Capacity Building
ED-Education
ED-Libraries
ED-Scholarships
EN-Animal Related
EN-Environment
EN-Natural Resources Conservation Protection
EN-Wildlife Preservation Protection Services
HS-Criminal & Legal
HS-Food, Agriculture & Nutrition
HS-Housing & Shelter
HS-Human Services
HS-Public Safety, Disaster Planning & Relief
HS-Sexual Assault
HS-Domestic Violence
HS-Transportation
HS - Veterans
H&W-Healthcare
H&W-Health & Wellness
H&W-Medical Research
H&W-Mental Health & Crisis Intervention
H&W-Rec & Sports
R-Religious
H&W-People with Disabilities
O-Other

Demographic-Race*

Primary population your organization serves

Choices

All races
Indigenous peoples
Multiracial people
People of Black or African Descent
People of Asian descent
People of Latin American descent
People of Middle Eastern descent
Other

Demographic-Age***Choices**

- All ages
- Seniors
- Early Childhood
- Children and youth
- Adults (not seniors)

Amount Requested*

Award amounts - \$1,000 to 10,000. Organizations with 5 or less FTE's will likely received smaller grants.

Character Limit: 20

Mission Statement*

Character Limit: 500

Commitment to Neighborliness and Opportunity*

Whatcom Community Foundation believes all means all: no person should be excluded from agency service, employment or volunteer participation and will not fund organizations that limit employment, program participation and other opportunities based on age, race, national origin, ethnicity, gender identity, disability, sexual orientation, political affiliation or religious belief, or for any or biased reasons. Does your organization follow these same practices?

Choices

- Yes
- No

Commitment to Neighborliness and Opportunity

If you answered "no" to the above, please explain below.

Character Limit: 500

Number of Paid Staff and Total Full Time Equivalents (FTE's)*

Character Limit: 1000

Top Priorities*

What are your top priorities for the health and wellness of your team and how will you address these? Examples in case you need some ideas:

- Wellness programs that encourage physical activity, social activities, healthy eating, stress management and mental health supports
- Professional development - coaching, training, skill building
- Team building - staff retreats; appreciation activities; workshops, inclusive communications and belonging

- Compensation – bonuses, increasing pay and/or benefits
- Targeted support programs designed for younger employees, early-career professionals, or other priority populations identified by your organization
- Assessments - review workload across all staff roles and identify measures to balance responsibilities, improve efficiency, and reduce burnout

Character Limit: 3000

Funding Priority Areas

We are trying to make this funding meaningful and stretch as far as possible. Please describe how you would support your previously described priorities with different levels of funding shown below:

\$1,000-\$2,500*

Character Limit: 10000

\$2,500-\$5,000*

Character Limit: 10000

\$5,000-\$10,000 or more*

Character Limit: 10000

Is There Anything Else You Would Like To Share?

Character Limit: 6000

Consent to Share Your Application with Other Funders and Donors*

Choices

Yes

No

Additional Documentation

Board Roster*

File Size Limit: 6 MB

Other Documentation?

Any additional documentation regarding your request, please upload it here.

File Size Limit: 6 MB